# Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

## **Part I: GENERAL INFORMATION**

Insurer Name: Cigna (Loyal American Life Insurance Company) Plan Name: Flexible Choice Dental, Vision and Hearing

Policy Type: DPPO Insurer Phone #: 866-459-4272
Effective Date: Beginning on or after 01/01/2022 Insurer Website: www.cigna.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT www.cigna.com OR CALL 866-459-4272.

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#### THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

#### **Part II: DEDUCTIBLES**

Deductible	All Providers
Dental	\$50
Orthodontia	Not Covered

- There is a \$50 deductible.
- A **deductible** is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.
- **Out-of-network services** are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

#### Part III: MAXIMUMS POLICY WILL PAY

Maximums	All Providers
Annual Maximum	\$3,000
Lifetime Maximum for Orthodontia	Not covered.

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

## **Part IV: WAITING PERIODS**

**Waiting Periods**: A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments.

### Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	All Providers	Benefit Limitations and Exclusions  For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Oral Exam	Preventive	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 1 per 6 months.

Common Dental Procedures	Category	All Providers	Benefit Limitations and Exclusions
			For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Bitewing X-ray	Preventive	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 1 per 6 months.
Cleaning	Preventive	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 1 per 6 months.
Filling	Basic	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 1 per 2 policy years.
Extraction, Erupted Tooth or Exposed Root	Basic	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 4 teeth per policy year.
Root Canal	Major	All Years: 40%	Limited to 1 per tooth in any 3 policy years.
Scaling and Root Planing	Basic	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Limited to 1 treatment per quadrant in any 2 policy years.
Ceramic Crown	Major	All Years: 40%	Replacements are covered after 5 years.
Removable Partial Denture	Major	All Years: 40%	Replacements are covered after 8 years.

Common Dental Procedures	Category	All Providers	Benefit Limitations and Exclusions  For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Extraction, Erupted Tooth with Bone Removal	Basic	Year 1: 40% Year 2: 30% Year 3: 20% Years 4+: 10%	Up to 4 teeth per policy year.
Orthodontia	Orthodontia	Not Covered	Not Covered

### **Part VI: COVERAGE EXAMPLES**

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist	Sam Needs a Tooth Filled	Maria Needs a Crown
New patient exam, x-rays (FMX) and cleaning	Resin-based composite – one surface, posterior	Crown – porcelain/ceramic substrate

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$400 Out-of-network:	Total Cost of Care	In-network: \$150 Out-of-network:	Total Cost of Care	In-network: \$1,300 Out-of-network:
	\$550		\$200		\$1,750
Deductible	In-network: \$50	Deductible	In-network: \$50	Deductible	In-network: \$50
	Out-of-network: \$50		Out-of-network: \$50		Out-of-network: \$50
Annual Maximum (Plan Will Pay)	In-network: \$3,000	Annual Maximum (Plan Will Pay)	In-network: \$3,000	Annual Maximum (Plan Will Pay)	In-network: \$3,000
	Out-of- network: \$3,000		Out-of- network: \$3,000		Out-of- network: \$3,000
Patient Cost	In-network:	Patient Cost	In-network:	Patient Cost	In-network:
(copayment or coinsurance)	Year 1: 40% Year 2: 30%	(copayment or coinsurance)	Year 1: 40% Year 2: 30%	(copayment or coinsurance)	All Years: 40%
,	Year 3: 20%	,	Year 3: 20%	,	Out-of-network:
	Years 4+: 10%		Years 4+: 10%		All Years: 40%
	Out-of-network:		Out-of-network:		
	Year 1: 40%		Year 1: 40%		
	Year 2: 30%		Year 2: 30%		
	Year 3: 20%		Year 3: 20%		
	Years 4+: 10%		Years 4+: 10%		

not covered or subject to a limitation:  cleanings are limited to 1 per 6 months. A complete series of full mouth X-rays are limited to 1 per 6 months.  *These Coverage Examples are Examples are limited to 2 per 6 months.  cleanings are limited to 1 per 6 months.  not covered or subject to a limitation:  downgrades resinbased posterior fillings to pay based on an amalgam cost.  *These Coverage Examples are based on a mot covered or subject to a limitation:  not covered or subject to a limitation:  not covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  not covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  apply: if more than one covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Examples are based on a mot covered or subject to a limitation:  *These Coverage Example	Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
(includes copays/coinsurance and deductible, if applicable):    Out-of-network: Year 1: \$360 Years 4+: \$240     Summary of what is not covered or subject to a limitation:     Subject to a limitation:     Subject to a limitation:     All Years: \$1,020     Out-of-network: Payment is based on the cost of an amalgam filling.     Oral exams and cleanings are limited to 1 per 6 months. A complete series of full mouth X-rays are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months.     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     These Coverage Examples are limited to 1 per 6 months     The following man amalgam filling     The following man amalgam filling     The following man amalgam cost     The following man amalgam cost     The following man amalgam filling     The following man amalgam cost     The following man amalgam cost     The following man amalgam cost     The followin	In this example,	In-network:	In this example,	In-network:	In this example,	In-network:
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Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
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